

THEME 5 BACK TO THE PAST VOCABULARY WORKSHEET (SPICE UP)

A. Guess the meaning of the bold phrases and choose the correct option.

1. We didn't want to blow out the candles without you, but you didn't **turn up**.
a) wait b) arrive c) leave
2. Please **keep** me **posted** on your journey and send me photos each time you visit a new city.
a) inform b) send c) ask
3. I wish you had some money **in hand** to help me with the payments.
a) without b) limited c) available
4. You caught a cold because you didn't **put on** your coat.
a) add b) wear c) uncover

B. Fill in the blanks with the following words. One is extra.

go over / come up / turn up / put on / keep (someone) posted

1. Andy: What time shall we leave for the ceremony?
May: No idea. I'm waiting for my parents. I think they will _____ soon.
2. Mum: Don't forget to take your mobile.
June: Don't worry, Mum. I'll _____ on every moment of my journey.
3. Bella: Let's see what we have in hand up to now.
Rob: Please don't _____ the plans again. I've already checked everything.
4. Yvonne: What should I wear tomorrow?
Inna: Just _____ your black dress. You look gorgeous in it.

C. Complete the questions with the words below. One is extra.

embrace / nap / questionable / regret / ramble/ fulfilling / priority

1. What should a person's top _____ in life be; health or finance?
2. Talking nonsense can be really annoying. Do you know anyone in your life who _____ a lot?
3. Do you believe the statistics are _____, as I do? Everyone seems to have a different opinion about them.
4. Studies show that midday sleep improves mood and memory. Do you _____ when you get home from school?
5. Doing something we enjoy in our spare time gives us a sense of meaning and purpose in life. What is your most _____ pastime?
6. Accepting our weaknesses and working to improve them is a valuable skill. Can you easily _____ your imperfections?

D. Match the common regrets with the statements. One is extra.

1. Lack of social relations
 2. Not travelling a lot
 3. Having difficulty in asking for help
 4. Not expressing feelings/thoughts
 5. Worrying too much about others' opinions
 6. Not being ambitious about following dreams
- a) I can't easily describe my emotions and beliefs.
 - b) I can't dedicate time to my hobbies and interests.
 - c) Making friends is quite difficult for me.
 - d) I find it quite hard to ask for support from others.
 - e) I can't help thinking about what people think of me.
 - f) I don't have the opportunity to see different places.
 - g) I'm not passionate enough about my goals.